



Medication Log Template

Keep a current list of all medications, dosages, and prescribers to share with your care team at every visit and appointment.

Patient Information

Patient Name: _____

Date of Birth: _____

Allergies (medications, food, or other): _____

Pharmacy Name & Phone: _____

Current Medications

List every medication you take — prescription, over-the-counter, vitamins, and supplements. Update this log whenever a medication starts, stops, or changes, and bring it to every appointment.

Medication Name	Dosage	Frequency / Route	Prescribed By	Start Date	Purpose / Notes

Tips for Keeping This Log Useful

- Update it right away when a medication is added, stopped, or changed — don't wait for your next visit.
- Include the reason you take each medication so any provider can quickly understand your full picture.
- Bring this log (or a photo of it) to every doctor's appointment, hospital visit, and home health visit.
- If you use a pill organizer, keep this log next to it so they always match.
- Ask your nurse or pharmacist if you're ever unsure about a dose, timing, or possible interaction.



Ideal
Home Health

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Office Hours: Mon–Fri, 9AM–4PM | 24-Hour On-Call: 413-322-8614

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Questions About Your Medications?

Ideal Home Health — Care Team	413-322-8614 24/7 for clinical concerns
Your Pharmacy	See pharmacy name & phone above
Medicare (CMS) — Part D coverage questions	1-800-MEDICARE (1-800-633-4227)

A current medication list supports safe, coordinated care across every provider you see.